

2017



Psychosocial Interventions: Clinicians strengthening work with families - Dube, TL

PRESENTATION GOALS



- Trauma, abuse, struggles, and social ills are sources of difficulty and challenge but are also sources of opportunity for growth and change
- To share best practice model
- To strengthen and encourage use of different approaches in exploring, understanding , implementing work with families
- Reflection on understanding that every environment is full of resources
- Use of appropriate psychosocial tools is as important in any clinical work

Brief Background



- OWLAG - opened 2007
- Accept students from disadvantaged backgrounds
- Students should also be academically talented
- They are afforded a 2 year scholarship, renewable in grade 10 for a 3 years
- Students are supported through tertiary studies
- Then later assisted with work placement
- Families are supported through to matric (clinically)
- The Academy is well resourced to support both an Academic program and boarding
- Students are also supported by an MDT, this is inclusive of **SOCIALWORKERS** that conduct **psychosocial visits**

THREE PSYCHOSOCIAL APPROACHES

- Psychosocial intake
- Psychosocial Progress
- Psychosocial Closing / Termination
- Referral/s
- What should the psychosocial assessment tools include &
- Why?

PSYCHOSOCIAL TOOLS OVERVIEW



- **Psychosocial intake - both primary client & caregiver's**
 - Social attributes,
 - Medical history,
 - Psychological and psychiatric aspects
 - Systems - organisms and structural & PIE
 - Goal setting for clients & clinicians and also Self Care plans
- **Psychosocial Progress -**
 - Some aspect from intake - contracting
 - Update, and in-depth engagement with all areas
 - Follow up on goals and review on what is working & not
 - Setting of goals again, plan of action with timelines
- **Psychosocial Closing -**
 - Rounding off, celebrations, reflections on unfinished business and referrals

PSYCHOSOCIAL & OUR AFRICANNESS



CLOSING

- The proverb 'It takes a village' applies within our communities as Africans the question is why are we not actively apply it as professionals



- THANK YOU